

# How I can help you in your career



## 1 Find Clarity

I help you reflect and gain clarity on your strengths, what's important to you and what you truly want both professionally and personally. I help you find a work style that suits you, excites you and what works best for you to shine. Finding clarity about your career and your personal values will set you up for success and happiness. Finding clarity means finding fulfilment and passion and excitement in your career.

## 2 Creating Change

Creating the career and life you want, is all about creating changes in your life. How are you going to be different, what new thoughts will you think? You can't expect change if you do the exact same thing every single day. I will work with you to create changes in your life, daily habits, rituals, new ways of being to integrate into your life. You will feel inspired, motivated and excited about what is ahead of you.

## 3 Expand Mindset

Your mindset is SO important in your life, what do you believe about yourself and your career? We need to let go of any limiting beliefs standing in your way. What is stopping you from getting what you want? What is stopping you from going after what you want? I will work with you to expand your mindset and create limitless opportunities for you. You will feel limitless and abundant and open to all the possibilities. **This is the fun part!**

## 4 Build Confidence

Together we will build your confidence so that you believe in yourself 1000% and you can go after what you want with complete laser focus. Confidence in your career is #1 and a lot of people don't realise how to effectively feel confident and empowered at work, to set healthy boundaries, to say no to workload, to ask for days off / what you need in your career, to back yourself for that pay rise. You will feel empowered, confident and

## 5 Personal Branding

Gaining clarity around what it is you want is so important so we can make sure all of your personal branding aligns and you are putting your best foot forward to get what it is you want. I can update your resume, cover letter & LinkedIn profile. I can write your cover letter from scratch too, if you don't have one.

## 6 Interview Prep

Preparing for an interview is incredibly important in getting you from where you are to where you want to be! I have many tools and strategies to help you implement to really ace an interview and have multiple offers so that you have choices.

*Amie xx*



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**Do I align with you & your  
goals? Get in touch**

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